

# NATURE INSIDE



RIBA #

A BIOPHILIC DESIGN GUIDE



# BIOPHILIA WORKSHOPS

BIOPHILIC DESIGN GUIDANCE INSPIRED BY TERRAPIN'S NEW BOOK

## WHAT TERRAPIN IS KNOWN FOR

As a team of environmental design consultants, we at Terrapin Bright Green believe that reconnecting people with nature will lead to a healthy, prosperous, and regenerative future for all. We leverage high-performance design, whole systems thinking, and research in biophilic design, bioinspired innovation, and ecological design to make this goal a reality. We are known for our leadership in guiding the development of creative, impactful design solutions for complex and innovative products, architecture and urban planning projects, globally.

## NATURE INSIDE & OUR WORKSHOPS

Our writings, research and collaborations on biophilic design use insights from neuroscience, environmental psychology and endocrinology to identify elements of nature that enhance the cognitive, psychological and physiological human experience of the built environment. As a book about the science and economics of biophilia, *Nature Inside* highlights case studies on a variety of space types and tools for design implementation. Our lectures and workshops are crafted for practical use of these resources by planners, owners, designers and builders.

***Nature Inside* is “a fantastic resource for both practitioners and educators... You will no doubt experience a personal sense of delight, and your creative work will likely be more meaningful as a result.”**

— GAIL BRAGER, CENTER FOR THE BUILT ENVIRONMENT, UNIVERSITY OF CALIFORNIA, BERKELEY

## NATURE INSIDE LECTURE

A one-hour experience focused on the science, economics and patterns of biophilic design, with seminal research and case studies showcasing experiential concepts and strategies for enhancing health and wellbeing through nature-based design.

\$1500 USD

## NATURE INSIDE WORKSHOP

A two-hour experience focused on nurturing a deeper, nuanced understanding of the science of biophilic design, and exploring tools and strategies for carrying the biophilic narrative, principles and goals through the design process.

\$2500+USD

## PROJECT WORKSHOP

A two+ hour experience focused on supporting the design team in thinking creatively about how the science of biophilia translates into practical design opportunities for an existing project in context with its many other goals and priorities.

\$3500+USD